Dear Colleague:

I would first like to thank you for taking your time to review this possibility for yourself and those you work with. My hope in presenting these Learning Experience Workshops, is that you will gain information needed as you work with those who are hurting within your organization and community at large.

These workshops are designed to be experiential in nature, as participants are able to put what they are learning in the classroom into action. However, in this work we have all learned to be flexible. I completely understand that the use of equine assisted grief counseling may not be practical, accessible or even desired. Therefore, they can be done with or without the experiential component of the horses and still give the desired result...obtaining valuable information in working with those who are dying or with the students, family and friends who have experienced a death. Either design provides needed hours for field requirements, in-service educational hours, certificates of attendance and a solid knowledge base of understanding the importance of one's own personal loss related issues, developmental levels of understanding of grief and loss and strategies for addressing grief related issues, whether in a classroom, with a family or in the community.

The following outlines the two types of workshops available, in addition to the cost for each. Please feel free to contact me at any time to discuss the details of these or to schedule one in your area.

Thank you again for your time and I look forward to being able to serve you and your community.

Blessings,

Kimberly Henry, Founder and CEO Mane Support, Inc. (865)233-3090 www.manesupport.org

kkhenry@manesupport.org

CONNECTING HANDS, HEARTS, HORSES, AND HEALING

Don't miss this opportunity for your team, organization or yourself!

This workshop will provide information regarding the grief and loss issues of children, teens and families, while incorporating the techniques of equine assisted grief counseling, journaling, art and other experiential forms as avenues of listening to those who are grieving. Participants will have the opportunity for hands on learning, while being able to incorporate learned techniques into their professional areas.

This workshop is ideal for professionals in the field of therapy/counseling, teachers, school administrators, guidance counselors, hospice personnel, nurses, physicians, psychiatrists, psychologists, those interested in field of grief, loss, death, anticipatory grief and bereavement in our schools and communities. Although equine assisted counseling will be addressed, the information in this workshop can be used without it.



ABOUT THE INSTRUCTOR, KIMBERLY HENRY

As the Founder and CEO of Mane Support, listening to those who have experienced grief, loss and trauma is where Kimberly finds her passion for her life's work. She also spends time speaking internationally and teaching on the subject of equine assisted grief counseling as an adjunct professor at Maryville College and Johnson University.

CREDENTIALS

- Masters degree in Therapeutic Recreation
- Masters degree in Inclusive Early Childhood Special Ed
- Certified as a Thanatologist (grief counselor) through the Association of Death, Education, and Counseling (ADEC)
- Certified at the Advanced Level through Equine Assisted Growth and Learning Association (EAGALA)
- Published author and International Speaker

To Register contact Kimberly Henry (865)233-3090



Mane Support's Connecting Hands, Hearts, Horses and Healing Developed and Presented by: Kimberly Henry, MS, CT, EAGALA and ADEC Certified

On Site Learning Experience Workshop \$65.00 per individual during the pre-registration period \$75.00 the day of the workshop

This is a two-part workshop, held at Mane Support in Maryville, TN

Part one of the work shop, participants will be in a classroom setting. Part two will include working with the equine counselors of Mane Support, while incorporating the indoor arena and field accommodations that are conducive to learning.

Learn About:

- Grief and Loss as it effects the professional and personal day to day
- Developmental levels of understanding and why they apply to grief and loss
- Grief, Bereavement, Anticipatory Grief, Disenfranchised Grief, Trauma...what do they all mean?
- The incorporation of creative arts with grief and loss.
- The incorporation of the horse as a means of communication
- How to prepare for the unexpected

Part two participants will be a part of an exciting experiential learning experience with the horses using the EAGALA Model and information from Part one.

Participants will receive written materials, as well as program ideas that are applicable to their area of service.

Refreshments will be provided. Certificates presented.

^{**}Private group rates are available upon request.

^{**}This workshop is conducted, regardless of weather.



Off Site Full Day Learning Experience Workshop \$600.00 for a reserved group OR \$75.00 per person Plus, Mileage and Accommodations

This Learning Experience Workshops is held at your facility and is conducted from 10:00 a.m. until 4:00 p.m. During the workshop participants will have the opportunity to learn about the grief and loss issues as they pertain to children, youth, teens, adults and families. In addition, they will be exposed to different experiential counseling methods such as art, journaling and equine assisted counseling that allow for the individuality of grief to be addressed through various means of communication. Participants will receive written materials, as well as program ideas that are applicable to their area of service. Certificates presented.

**Each workshop, either for a reserved group or individuals, can have up to 100 persons.